

CDC Concussion Training Instructions

Michigan has enacted a youth sports concussion law and organizations are required to have all of their volunteer coaches complete concussion training for youth sports. This training is to be completed every three years. Here are the steps to take for the training:

1. <https://www.cdc.gov/headsup/youthsports/training/index.html>
2. Create a profile with CDC TRAIN
3. Click the course: **HEADS UP to Youth Sports: Online Training for Coaches**
4. Complete the pre-assessment
5. Launch the course and watch the video training
6. Complete the test
7. Click the blue "Print Certificate" button
8. Send a copy to Novi Parks in one of the following ways:
 1. Save it as a PDF and email it to croot@cityofnovi.org
 2. Take a picture of it and email it to croot@cityofnovi.org

Thank you for volunteering as a Novi Parks coach!