

# Livingston County & Western Oakland Meals on Wheels - December 2022 Menu

<u>Monday</u> <u>12/5/2022</u>	<u>Tuesday</u> <u>12/6/2022</u>	<u>Wednesday</u> <u>12/7/2022</u>	<u>Thursday</u> <u>12/8/2022</u>	<u>Friday</u> <u>12/9/2022</u>
Chicken Tenders (2) Apple Green Beans Wedge Potatoes Coleslaw 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple	Roast Beef w / Gravy Mashed Potatoes Green Beans Dinner Roll Christmas Sugar Cookie Banana	Baked Cod Macaroni & Cheese Brussel Sprouts Pears Dinner Roll 0	Spaghetti & Meatballs Italian Vegetables Garlic Bread Orange Tossed Salad 0
<u>Monday</u> <u>12/12/2022</u>	<u>Tuesday</u> <u>12/13/2022</u>	<u>Wednesday</u> <u>12/14/2022</u>	<u>Thursday</u> <u>12/15/2022</u>	<u>Friday</u> <u>12/16/2022</u>
Swiss Steak Broccoli Apple Mashed Potatoes Whole Grain Bread 0	Chicken & Dumplings Peas & Carrots Mixed Fruit Dinner Roll Coleslaw 0	Swedish Meatballs Rice Mixed Vegetables Corn Banana Whole Wheat Bread	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Apple Sauce 0	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Orange 0
<u>Monday</u> <u>12/19/2022</u>	<u>Tuesday</u> <u>12/20/2022</u>	<u>Wednesday</u> <u>12/21/2022</u>	<u>Thursday</u> <u>12/22/2022</u>	<u>Friday</u> <u>12/23/2022</u>
Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Apple Whole Grain Bread 0	Baked Ham Scallop Potatoes Broccoli Peaches Dinner Roll 0	BBQ Chicken Breast Sandwich Hamburger Bun Au Gratin Potatoes Green Beans Banana 0	Beef Lasagna Italian Vegetables Tossed Salad Pears Garlic Bread 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange 0
<u>Monday</u> <u>12/26/2022</u>	<u>Tuesday</u> <u>12/27/2022</u>	<u>Wednesday</u> <u>12/28/2022</u>	<u>Thursday</u> <u>12/29/2022</u>	<u>Friday</u> <u>12/30/2022</u>
CLOSED Frozen Delivered Wednesday 12/21 0 0 0	Chicken Fettucini Alfredo Broccoli Pears Breadstick Coleslaw 0	Sloppy Joe Hamburger Bun Three Bean Salad Carrots Banana 0	Chicken Ala King Green Beans Mashed Potatoes Mixed Fruit Biscuit 0	Beef Stew Stew Vegetables in Stew Potatos in Stew Tossed Salad Orange Dinner Roll
<u>Monday</u> <u>1/2/2023</u>	<u>Tuesday</u> <u>1/3/2023</u>	<u>Wednesday</u> <u>1/4/2023</u>	<u>Thursday</u> <u>1/5/2023</u>	<u>Friday</u> <u>1/6/2023</u>
CLOSED Frozen Delivered Wednesday 12/28 0 0 0	Golden Crispy Chicken Mashed Sweet Potatoes Spinach Peaches Whole Grain Bread 0	Salisbury Steak Mashed Potatoes Mixed Vegetables Orange Whole Wheat Bread 0	Cheese Ravioli Italian Vegetables Tossed Salad Garlic Bread Apple Sauce 0	Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Banana 0

PLEASE CALL 24 HOURS IN  
ADVANCE TO CANCEL MEALS  
810-632-2155

MENU SUBJECT TO CHANGE  
WITHOUT NOTICE

HALF PINT OF MILK  
SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

**\*\*CALL OFFICE TO RESERVE\*\***

CHRISTMAS DAY DELIVERY

810-632-2155

MONDAY 12/26

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 12/21

MONDAY 1/2/23

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 12/28