

Novi Parks Walking Club - Summer Walks

From July through August - join us for volunteer-led walks.

Novi Parks/Older Adult Services has an active walking club to give our community opportunities to join with others to enjoy the fitness, health and social benefits of walking with others. Please register online at cityofnovi.org or call **248.347.0414**. RSVP's are always appreciated and allow us to contact participants regarding notifications or updates.

MEADOWBROOK ACTIVITY CENTER WALKS

Tue, Jul 30 at 9am, consider meeting us for Panera & Pals at 8:30am
Tue, Aug 27 at 11:30am, lunch and bingo are an option afterwards.
Meet in the lobby of the Meadowbrook Activity Center, 25075 Meadowbrook Road. We will walk for a little over one mile/one hour around this neighborhood. Picking up lunch or snacks and munching together back at the Center will be an option.



LAKESHORE PARK WALK

Sat, Jul 27 at 8:30am
Meet by Picnic Shelter #1, 601 S. Lake Dr. We will walk for approximately 1 hour around part of the lake.



PROVIDENCE PARK WALKS

Wed, Jul 17 at 8:30am
Thu, Aug 8 at 8:30am
Meet in the lobby of the Outpatient Center Entrance on the north side of the complex (47601 Grand River). We will walk for approximately 45 minutes around the grounds at Providence Park.



MSU TOLLGATE EDUCATIONAL CENTER

Fri, Aug 30 at 9am
Meet at Entrance to Main Barn, 28115 Meadowbrook Rd
1 hour walk around the grounds



June 28

AGES: All ages

PRICE: No charge



City of Novi Older Adult Services | 45175 West Ten Mile Road
Novi, MI 48375 | 248.347.0414 or visit cityofnovi.org
Encouraging Healthy, Active Lifestyles

 Find us on Facebook—search Novi Boomers & Beyond

