

Recurring Events

July 2024

Fitness & Exercise

★Meadowbrook Activity Center★

Stretch and Strength, 9am, MWF

Keep On Movin, 10:45am, MW

Zumba Gold, 6:30pm, M

Zumba Gold, 9:30am, Sa

Tai Chi Beginner/Intermediate, 5:45pm, T

Tai Chi Intermediate, 7pm, T

Zumba, 6:30pm, Th

◇Novi Civic Center◇

Morning Tone & Stretch, 9:15am, MW

Adult and Older Adult Hula, 9:30am, F

Drums Alive, 10:45am, T / 11:30am, W

Chair Volleyball, 1:45pm, T, Th

Zumba, 6:45pm, W

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Check Engage for Yoga at Pavilion Shore Park

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M

Therapeutic Massage, 9am-4pm, M-Th

All Things Yarn - Knitting/Crocheting, 1:30pm, T

Assisted Stretching, 9am-4pm, T-W

Blood Pressure Screening, 11am, W

Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M

Mahjong, 12:30pm, M

Mahjong, 10am, T

Euchre, 12pm, W

Samba, 12pm, Th

Duplicate Bridge, 12:30pm, F

★ = Meadowbrook Activity Center

◇ = Novi Civic Center



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Novi Birders, 9am, Lyon Oaks</i>	2	3	4  Independence Day City offices closed	5	6
7	8	9 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm	10 <i>Ladies Lunch Bunch, Sedona Taphouse, Twelve Oaks Mall, 1pm</i> ★ <i>Sing-along, 2pm</i>	11 <i>Happy Trails, 5:30pm, Brookfarm</i>	12 ★ Ice Cream Social, 4pm ★ One-on-one Technology Assistance, 4pm	13
14	15 <i>Novi Birders, 9am, Proud Lake Recreation Area</i> Registration for Senior Day at the State Fair opens	16 ★ Musical afternoon with HarmonyTown Chorus, 3pm ◇ Bereavement Support Group, 7:30pm	17 Summer on the Farm Tour, MSU Tollgate, 10am ★ <i>Book Club, Unlikely Animals by Annie Hartnett, 1:30pm</i> ◇ Ask the Lawyer, 5:30pm	18 ★ Glass Fusion, Spring Flowers, 2pm <i>Happy Trails, 5:30pm, Meadowbrook Commons</i>	19 Surviving the Night, Night Hike at MSU Tollgate, 8pm	20
21	22	23	24 ◇ Inside Out Bus Tour, 9:30am	25 ★ <i>Hearing Loss DATA Support Group, 1:30pm</i> <i>Happy Trails, 5:30pm, Lakeshore Park</i>	26	27
28	29	30	31	What's happening in August? ★ One-on-one Technology Assistance, Aug 9, 4pm ◇ Cutting the Cord, Aug 20, 6pm ◇ Decade Dance, Aug 23, 7pm And much more...		



Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS

Ice Cream Social

Fri, 4-5pm

Jul 12

What a great way to cool off on a hot summer day! Come enjoy ice cream while socializing and meeting new people.

Age: 18+

Price: \$3

Location: Meadowbrook Activity Center

Registration Deadline: Jul 8

A Musical Afternoon with HarmonyTown Chorus

Tue, 3-4pm

Jul 16

Celebrate patriotism with Fourth of July favorites! Join us for a musical afternoon with captivating barbershop harmonies. Get ready to tap your toes and sing along to tunes that'll leave you uplifted and inspired!

Age: 18+

Price: \$5/Non-Res \$6

Location: Meadowbrook Activity Center

Registration Deadline: Jul 15

Senior Program at the State Fair

Thu, 10am-noon

Aug 29

Registration opens July 15 and will close when full. (Novi residents only.) Call 248.347.0400 to register.

Age: 55+

Price: free

Location: Suburban Collection Showplace

Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

Sandy Fisher
Social Services Coordinator
sfisher@cityofnovi.org

Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



People's Express

Starting July 1, 2024, People's Express will be offering curb-to-curb transportation services in Novi.

Reservations must be made at least three business days in advance.

Call 877-214-6073 Monday-Friday 8am-7pm to schedule your ride.

Fares for ages 55+ , veterans , & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of service area

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

July 2024

City of Novi
Older Adult Services
Activities Calendar

Do You Have
A MINUTE?
Help Make Novi Better!



Scan to get started!

The City of Novi is working with FlashVote to conduct quick surveys and gather valuable input from residents to inform our decisions. Sign-up takes less than one minute, and your input is always kept anonymous. Personal or demographic information collected by FlashVote is never shared with the City or anyone else.



IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call 248.347.0414 to register.



August 2024

Fitness & Exercise

★ Meadowbrook Activity Center ★

Stretch and Strength, 9am, MWF

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● = Lakeshore Park Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
What's happening in September? ◇ Glass Fusion: Autumn Splendor, Sep 18, 6pm ● Oktoberfest Celebration - Trivia Style, Sep 19, 7pm ◇ Powerful Tools for Caregivers, Sep 24-Oct 29, 1:30pm And much more...				1 <i>Happy Trails, 5:30pm, Heritage Park</i>	2	3
4	5	6 <i>Street Sounds at Fountain Walk, Killer Flamingos, 6pm</i>	7	8 <i>Happy Trails, 5:30pm, Maybury State Park</i>	9 ★ One-on-one Technology Assistance, 4pm	10
11	12	13 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm <i>Street Sounds at Fountain Walk, Mega 80s, 6pm</i>	14 Summer on the Farm Tour, MSU Tollgate, 10am <i>Ladies Lunch Bunch, Diamond Jim Brady Bistro, 1pm</i> ★ Sing-along, 2pm	15 <i>Happy Trails, 5:30pm, ITC Sports Park</i>	16 Batty about Bats?, Night Hike at MSU Tollgate, 8pm	17
18	19	20 ★ Poetry Sessions, 10:30am ◇ Cutting the Cord, 6pm ◇ Bereavement Support Group, 7:30pm	21 ◇ Ask the Lawyer, 5:30pm	22 <i>Happy Trails, 5:30pm, Fuerst Park</i>	23 ◇ Decade Dance Party, 7pm	24
25	26	27	28	29 Senior Day at the State Fair, 10am <i>Happy Trails, 5:30pm, ITC Trail from Rose Senior Living</i>	30	31  cityofnovi.org

FEATURED PROGRAMS



Decade Dance Party

Fri, 7-9pm

Aug 23

Travel through time at our Decade Dance! Dress in your favorite era-inspired attire and enjoy a night of dancing, nostalgia, and socializing. Our DJ will spin all the hits and take song requests. Enjoy hors d'oeuvres, mocktails, and a chance to win a prize for best dressed! The perfect Friday night out for everyone!

Age: 18+

Price: Res. \$15/Non-res \$18

Location: Novi Civic Center

Registration Deadline: Aug 16

Cutting the Cord

Tue, 6pm

Aug 20

"Cutting the Cord" refers to dropping cable TV for internet streaming. Curious about how to do it, potential savings, and pros and cons? Join our one-hour discussion to find out! Pre-registration required at cityofnovi.org or by calling 248.347.0414.

Age: 55+

Price: free

Location: Novi Civic Center

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