

June 2024

Fitness & Exercise

★Meadowbrook Activity Center★

Stretch and Strength, 9am, MWF
 Keep On Movin, 10:45am, MW
 Zumba Gold, 6:30pm, M
 Zumba Gold, 9:30am, Sa
 Tai Chi Beginner/Intermediate, 5:45pm, T
 Tai Chi Intermediate, 7pm, T
 Zumba, 6:30pm, Th

◇Novi Civic Center◇

Morning Tone & Stretch, 9:15am, MW
 Adult and Older Adult Hula, 9:30am, F
 Drums Alive, 10:45am, T / 11:30am, W
Chair Volleyball, 1:45pm, T, Th
 Zumba, 6:45pm, W

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual
 Check Engage for Yoga times at Pavilion Shore Park

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M
 Therapeutic Massage, 9am-4pm, M-Thu
All Things Yarn - Knitting/Crocheting, 1:30pm, T
 Assisted Stretching, 9am-4pm, T-W
Blood Pressure Screening, 11am, W
Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M
Mahjong, 12:30pm, M
Mahjong, 10am, T
Euchre, 12pm, W
Samba, 12pm, Th
Duplicate Bridge, 12:30pm, F

★ = Meadowbrook Activity Center
 ◇ = Novi Civic Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 <i>Novi Birders, 9am, Maybury State Park</i>	4	5 Sip, Sip, Hooray!, 7pm, Lakeshore Park	6 <i>Happy Trails, 5:30pm, ITC from Rose Senior Living</i> ◇ <i>Novi Superhero Showcase, 6pm</i>	7	1 8
9	10	11 ★ Ask the Lawyer, 1pm ◇ TEFAP & Focus: HOPE, 12:30pm	12 Summer on the Farm Tour, MSU Tollgate, 10am <i>Ladies Lunch Bunch, First Watch, Novi Town Center, 1pm</i> ★ <i>Sing-along, 2pm</i>	13 Tigers vs Nationals in Detroit, 11:30am <i>Happy Trails, 5:30pm, Brookfarm</i>	14 	15
16 	17 <i>Novi Birders, 9am, Lakeshore Park</i>	18 ★ <i>Poetry Sessions, 10:30am</i> ◇ <i>Travel talk with Premier World Discovery, 1pm</i> ◇ <i>Estate Planning Basics, 6pm</i> ◇ <i>Bereavement Support Group, 7:30pm</i>	19  Juneteenth City offices closed	20 ★ <i>Afternoon Tiki Luau, 2pm</i> <i>Happy Trails, 5:30pm, Meadowbrook Commons</i> Summer Solstice 	21 The Science of Twilight Night Hike, MSU Tollgate, 8pm	22
23	24 ◇ <i>New Retirement & Investment Planning Basics, 6pm</i>	25 ◇ <i>Glass Fusion, "Bee Kind" bee hive wind chime, 6:15pm</i>	26 Tigers vs Phillies in Detroit, 11:30am	27 ★ <i>Hearing Loss DATA Support Group, 1:30pm</i> <i>Happy Trails, 5:30pm, Maybury State Park</i>	28	29 
30		What's happening in July? ◇ Learn to Play Euchre, Jul 11, 9:30am ★ Ice cream social, Jul 12, 4pm ★ One-on-one Technology Assistance, Jul 12, 4pm And much more...				

FEATURED PROGRAMS

Sip, Sip, Hooray!
Wed, 7-9pm
Jun 5

Cheers to the start of summer! Grab your friends and celebrate with a Sporcle Trivia night out at the park! You bring the drinks (hops & grapes permitted) and we'll provide the charcuterie style fare. Prizes will be awarded to our trivia experts. Register at cityofnovi.org or at the Parks, Recreation and Cultural Services desk in the Novi Civic Center.

Age: 21+
Price: \$10/Non-Res \$12
Location: Lakeshore Park
Registration Deadline: Jun 3



Afternoon Tiki Luau
Thu, 2pm
Jun 20

Escape to a tropical paradise at our "Afternoon Tiki Luau"! Join the Polynesian Dancers of Michigan, showcasing mesmerizing performances and interactive dance lessons. Savor the flavors of Hawaii with delicious snacks and refreshing non-alcoholic pina colodas. Wear your leis, grass skirts, and Hawaiian shirts and get ready to visit an island paradise without leaving Michigan.

Age: 18+
Price: \$5/Non-Res \$6
Location: Meadowbrook Activity Center
Registration Deadline: Jun 17

OLDER ADULT SERVICES TRANSPORTATION PROGRAM

Complimentary transportation is available for those 55+ within Novi borders.

CALL OR EMAIL TO SCHEDULE
248.735.5617
noviseniortransportation@cityofnovi.org

Fares

- Free within Novi
- \$5 one-way outside the city limits (within a 10-mile range beginning at the Novi Civic Center)

Service Hours

- Mon-Fri, 8am-5pm
- Sat, 9am-3pm

Reservations

Reservations are required at least one business day in advance and are scheduled based on availability.



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Kit Kieser
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June 2024

City of Novi
Older Adult Services
Activities Calendar

**Do You Have
A MINUTE?
Help Make Novi Better!**

Scan to get started!

The City of Novi is working with FlashVote to conduct quick surveys and gather valuable input from residents to inform our decisions. Sign-up takes less than one minute, and your input is always kept anonymous. Personal or demographic information collected by FlashVote is never shared with the City or anyone else.



IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
Transportation	248.735.5617

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration
Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call 248.347.0414 to register.

