

Recurring Events

October 2024

Fitness & Exercise

★ Meadowbrook Activity Center ★

Stretch and Strength, 9am, MWF

Keep On Movin, 10:45am, MW

Zumba Gold, 6:30pm, M

Zumba Gold, 9:30am, Sa

Tai Chi Beginner/Intermediate, 5:45pm, T

Tai Chi Intermediate, 7pm, T

Zumba, 6:30pm, Th

◇ Novi Civic Center ◇

Morning Tone & Stretch, 9:15am, MW

Drums Alive, 10:45am, T & 11:30am, W

Adult and Older Adult Hula, 9:30am, F

Chair Volleyball, 1:45pm, T, Th

Zumba, 6:45pm, W

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★ Meadowbrook Activity Center ★

Chinese Club, 10am, M

Therapeutic Massage, 9am-4pm, M-Th

All Things Yarn - Knitting/Crocheting, 1:30pm, T

Assisted Stretching, 9am-4pm, T-W

Blood Pressure Screening, 11am, W

Bingo, 1pm, F

◇ Novi Civic Center ◇

Pinochle, 12pm, M

Mahjong, 12:30pm, M

Mahjong, 10am, T

Euchre, 12pm, W

Samba, 12pm, Th

Duplicate Bridge, 12:30pm, F

★ = Meadowbrook Activity Center

◇ = Novi Civic Center

● = Lakeshore Park Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 ◇ Sleep Education for Everyone, 1pm	2 	3 <i>Happy Trails, 5:30pm, Heritage Park</i>	4	5 ◇ Pinochle Tournament, 2pm
6	7 <i>Novi Birders, Robert H Long Nature Park, 9am</i>	8 ◇ Focus: HOPE, 12:30pm ★ Travel Fair, 1:30pm ★ Ask the Lawyer, 1pm	9 <i>Ladies Lunch Bunch, Moe's on Ten, 1pm</i> ★ Sing-along, 2pm ◇ Retirement & Investment Planning Basics, 6pm	10 ★ Medicare 2025: What You Need to Know, 10am Melodies at the Museum, 12pm, Detroit Institute of Arts <i>Happy Trails, 5:30pm, Lakeshore Park</i>	11 Yom Kippur starts at sunset	12  Yom Kippur ends at nightfall
13	14	15 ◇ Bereavement Support Group, 7:30pm	16 ◇ Ask the Lawyer, 5:30pm	17 <i>Happy Trails, 5:30pm, ITC Trail from Rose Senior Living</i>	18 ★ One-on-one Technology Assistance, 4pm	19
20	21 <i>Novi Birders, Lake Erie Metropark-Hawk Watch, 9am</i> ★ Fall Celebration with the Choralaires, 7pm	22	23	24 ★ Hearing Loss DATA Support Group, 1:30pm ★ Mindful Art Journaling, 1:30pm <i>Happy Trails, 5:30pm, ITC Community Sports Park</i> ● Pumpkin Painting with at Twist, 6:30pm	25	26
27	28 ★ Music Bingo, 2:30pm ◇ People's Express: Transportation Solutions, 6:30pm	29	30	31 <i>Happy Trails, 5:30pm, Brookfarm Park</i> Diwali  Halloween 		

Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS

Fall Celebration with the Choralaires
Mon, 7pm
Oct 21

The Novi Choralaires, Novi's community chorus, will host a fall concert with cider and donuts from a local cider mill. Don't miss this perfect evening of music, treats, and autumn cheer! Pre-registration is required.

Age: 18+
Price: Res. \$5/Non-res \$6
Location: Meadowbrook Activity Center
Registration Deadline: Oct 21



Pumpkin Painting with a Twist
Thu, 6:30-8pm
Oct 24

Bring your creative side and an adult beverage and join us out at Lakeshore Park to paint your own pumpkin. Pumpkins, donuts, and painting material will be provided. Glass containers not permitted. Register at cityofnovi.org or in person at the Novi Civic Center

Age: 21+
Price: Res. \$8/Non-res \$10
Location: Lakeshore Park Building
Registration Deadline: Oct 21

Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

Sandy Fisher
Social Services Coordinator
sfisher@cityofnovi.org

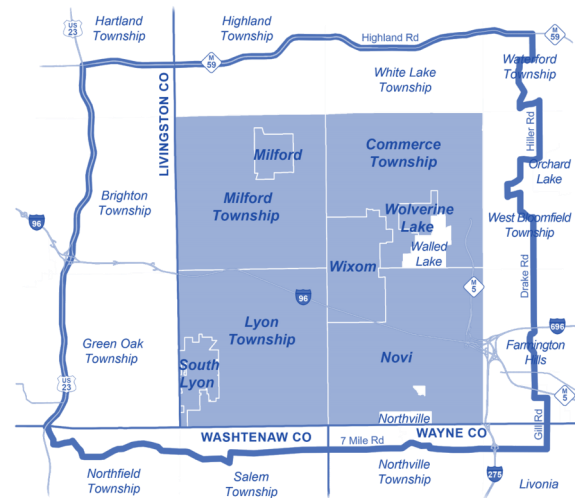
Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



People's Express

Need a ride in Novi? People's Express can take you there! Reservations must be made at least three business days in advance.

Call **877-214-6073** Monday- Friday 8am-7pm to schedule your ride.



Fares for ages 55+ , veterans , & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of service area

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

October 2024

City of Novi Older Adult Services Activities Calendar

Medicare 2025: What You Need to Know
Thu, 10am
Oct 10

Medicare/Medicaid Assistance Program (MMAP) is a non-profit agency offering unbiased insurance guidance and does not sell insurance. Join them for a review of key 2025 updates to help you make informed decisions. Pre-registration required at cityofnovi.org or call 248-347-0414.

Price: Free
Location: Meadowbrook Activity Center
Registration Deadline: Oct 9

Check out what's coming up in November!



Veterans Day Celebration
Thursday, November 7, 11:30am



Cutting the Cord
Tuesday, November 20, 6pm



Thanksgiving Luncheon
Feast of Thanks
Thursday, November 21, 12pm

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call **248.347.0414** to register.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Novi Birders, Kensington Metropark, 9am</i>	5 	6	7 ◇ Veterans Day Celebration, 11:30am 	8 ★ One-on-one Technology Assistance, 4pm	9
10	11  Veterans Day City Offices Closed	12 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm	13 <i>Ladies Lunch Bunch, Breakfast Club, 1pm</i> ★ Sing-along, 2pm	14	15	16
17	18 ◇ Smart DriverTek, 10am	19 ◇ Bereavement Support Group, 7:30pm	20 ★ No.Vi Book Club, 1:30pm, Readers Choice ◇ Ask the Lawyer, 5:30pm ◇ Cutting the Cord, 6pm	21 ★ Thanksgiving Luncheon, 12pm ★ Hearing Loss DATA Support Group, 1:30pm	22	23
24	25	26	27	28  Thanksgiving City offices closed	29 City offices closed	30

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FEATURED PROGRAMS



Thanksgiving Luncheon—Feast of Thanks
 Thu, 12pm-2pm
 Nov 21

Join us for our "Feast of Thanks" Thanksgiving Lunch Party as we embrace an "Attitude of Gratitude"! Enjoy wonderful entertainment and a traditional holiday menu. Register online at cityofnovi.org or in-person at the Novi Civic Center.

Age: 50+
Price: Res. \$15/Non-res \$18
Location: Meadowbrook Activity Center
Registration Deadline: Nov 14

Smart DriverTEK
 Thu, 12pm-2pm
 Nov 21

Cars are becoming more technologically advanced every day and show no sign of slowing down. Smart DriverTEK is here to help! In this in-person 90-minute, interactive workshop, drivers will learn all about blind-spot warning systems, forward collision warnings, smart headlights and more. You'll also receive a vehicle technology checklist.

Age: 55+
Price: Free
Location: Novi Civic Center
Registration Deadline: Nov 15

Madison Lachance
 OAS Recreation Supervisor
mlachance@cityofnovi.org

Sandy Fisher
 Social Services Coordinator
sfisher@cityofnovi.org

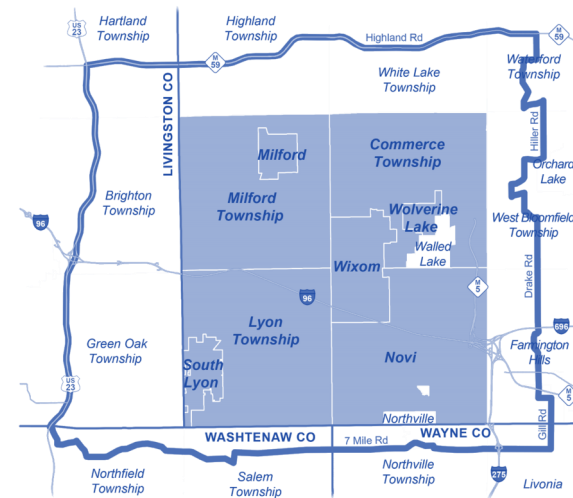
Kit Kieser
 Manager, Older Adult Services Division
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November 2024

City of Novi Older Adult Services Activities Calendar



Veterans Day Celebration
 Thu, 11:30am
 Nov 7

The City of Novi is proud to honor our local heroes with a special lunch from Mission BBQ, along with live music by Oil Can Larry, featuring hits from the 60s through the 90s. Veterans and their guests are invited to enjoy this event in their honor as a way for us to express our gratitude for their service. Pre-registration is required.

Age: 18+
Price: Free for Vets; Guests: Res. \$10/Non-Res. \$12
Location: Novi Civic Center
Registration Ends: Nov 4

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