

Recurring Events

February 2025

Fitness & Exercise

★Meadowbrook Activity Center★

Stretch and Strength, 9am, MWF
 Keep On Movin, 10:45am, MW
 Zumba Gold, 6:30pm, M
 Zumba Gold, 9:30am, Sa
 Tai Chi Beginner/Intermediate, 5:45pm, T
 Tai Chi Intermediate, 7pm, T
 Zumba, 6:45pm, Th

◇Novi Civic Center◇

Morning Tone & Stretch, 9:15am, MW
 Zumba, 6:45pm, W
 Adult and Older Adult Hula, 9:30am, F
 Chair Volleyball, 1:45pm, T, Th

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M
 Therapeutic Massage, 9am-4pm, M-Th
 All Things Yarn - Knitting/Crocheting, 1:30pm, T
 Assisted Stretching, 9am-4pm, T-W
 Blood Pressure Screening, 11am, W
 Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M
 Mahjong, 12:30pm, M
 Mahjong, 10am, T
 Euchre, 12pm, W
 Samba, 12pm, Th
 Duplicate Bridge, 12:30pm, F



- ★ = Meadowbrook Activity Center
- ◇ = Novi Civic Center
- = Lakeshore Park Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		AARP Tax Appointments are ongoing. Call 248.347.0414 to schedule yours today.				1
2	3	4	5	6	7	8
9	10	11 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm	12 <i>Ladies Lunch Bunch, Famous Dave's, 1pm</i> ★ Sing-along, 2pm	13 ★ Hearts and Harmony - Valentine's Day Luncheon, 12pm	14 	15
16	17 Presidents Day City offices closed	18 ◇ Learn to Play Euchre begins, 9:30am ◇ Cooking for One begins, 1pm ◇ Bereavement Support, 7:30pm	19 ◇ Ask the Lawyer, 5:30pm Exploring Your Housing Options: Assisted Living, 6pm, Virtual	20	21 ★ One-on-One Technology Assistance	22
23	24	25 ◇ Creating a Butterfly Pollinator Garden in Your Yard, 5:30pm 	26	27 ◇ Oakland County Veterans Resource Fair, 9am	28 Stargazing - A Stellar Nursery, 6pm, ITC Community Sports Park	

Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS



Valentine's Day Luncheon Thu, Noon-2pm Feb 13

Celebrate Valentine's Day with a delicious Italian meal while being serenaded by the HarmonyTown Chorus. Make cherished memories in the company of friends and loved ones. Pre-registration is required.

Age: 50+
Price: Res. \$15/Non-res \$18
Location: Meadowbrook Activity Center
Registration Deadline: Feb 7

NEW: Cooking for One Tue, 1-3pm Feb 18-Mar 25

Cooking for One is a cooking and nutrition class. So, whether you're living on your own for the first time, a single college student, a hard-working adult, or a senior on your own, cooking for one can be fun! Over the course of these lessons, you will: Learn ways to make cooking for one simple and enjoyable. Learn helpful tips and tricks to making healthy choices, like eating well and being active. Participate in cooking real recipes for one. Pre-register at cityofnovi.org or by calling 248.347.0414.

Age: 18+
Price: Free
Location: Novi Civic Center
Registration Deadline: Feb 14

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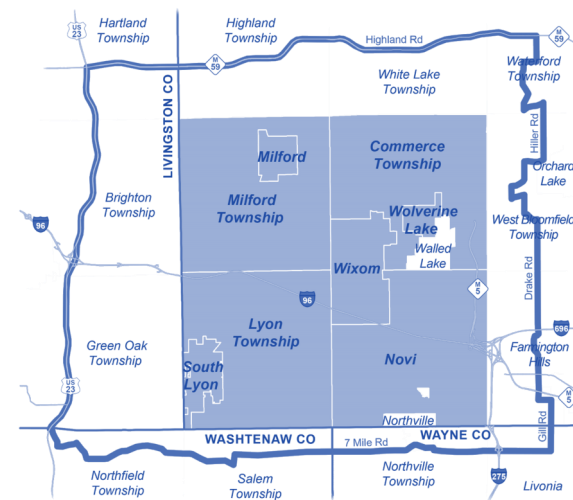
Kit Kieser
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People's Express

Need a ride in Novi? People's Express can take you there! Reservations must be made at least three business days in advance.

Call **877-214-6073** Monday- Friday 8am-7pm to schedule your ride.



Fares for ages 55+ , veterans , & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of boundary

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

February 2025

City of Novi Older Adult Services Activities Calendar

VETERANS RESOURCE FAIR

Oakland County Veterans Resource Fair Thu, 9am-noon Feb 27

Representatives will be onsite to serve all Veterans and their families by helping them connect with community resources. Pre-registration is required at tinyurl.com/mr2x74m7. For more information, call 248-285-8016 or email jordant@oakgov.com.

Age: 18+
Price: Free
Location: Novi Civic Center
Registration Ends: Feb 25
Presenter: Oakland County Veterans Services

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call **248.347.0414** to register.

