

Recurring Events

Fitness & Exercise

★Meadowbrook Activity Center★
Balance Fit, 9am, Th
Keep On Movin, 10:45am, MW
Stretch and Strength, 9am, MWF
Tai Chi Beginner/Intermediate, 5:45pm, T
Tai Chi Intermediate, 7pm, T
Zumba Gold, 6:30pm, M
Zumba, 6:45pm, Th
◇Novi Civic Center◇
Drums Alive, 10:45am, T
Drums Alive , 11:30am, W
Morning Tone & Stretch, 9:15am, MW
Zumba, 6:45pm, W
Adult and Older Adult Hula, 9:30am, F
Chair Volleyball, 1:45pm, T, Th
Offsite/Virtual
Morning Tone & Stretch, 9:15am, MWF, Virtual

Games, Hobbies & Health

★Meadowbrook Activity Center★
Chinese Club, 10am, M
Therapeutic Massage, 9am-4pm, M—Th
All Things Yarn - Knitting/Crocheting, 1:30pm, T
Assisted Stretching, 9am-4pm, T—W
Blood Pressure Screening, 11am, W
Bingo, 1pm, F
◇Novi Civic Center◇
Pinochle, 12pm, M
Mahjong, 12:30pm, M
Mahjong, 10am, T
Euchre, 12pm, W
Samba, 12pm, Th
Duplicate Bridge, 12:15pm, F

★ = Meadowbrook Activity Center
◇ = Novi Civic Center
● = Lakeshore Park Building

August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coming up in September... Senior Day at the Zoo, Sep 10 Learn to Play Euchre, starts Sep 16 Ice Cream Social, Sep 19 Perennial Exchange, Sep 20 Powerful Tools for Caregivers, starts Sep 22 Buzz About Bees, Sep 24					1	2
3	4	5	6 ★ Fifties Float Fest!, 1:30pm	7 Happy Trails, 5:30pm, Rotary Park	8	9
10	11	12 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm <i>Stargazing—Meteor Shower Star Party, 9pm, ITC Community Sports Park</i>	13 <i>Ladies Lunch Bunch, 1pm, Tiki Bar (Walled Lake)</i>	14 Happy Trails, 5:30pm, Northwest Park	15	16
17	18	19 ◇ Bereavement Support, 7:30pm	20 ◇ Ask the Lawyer, 5:30pm	21 Happy Trails, 5:30pm, Meadowbrook Commons	22 ★ One-on-One Technology Assistance, 4pm	23
24 <div></div>	25	26	27	28 <i>Senior Day at the State Fair, noon-6pm, Suburban Collection Showplace</i> Happy Trails, 5:30pm, Maybury State Park	29	30
31						

Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS



Fifties Float Fest!
Wed, Aug 6, 1:30pm — \$8/Non-res. \$10
Celebrate National Root Beer Float Day with a twist of nostalgia at our Fifties Float Fest! Join us for an afternoon of sipping classic root beer floats while swaying to live '50s music.
Age: 18+
Location: Meadowbrook Activity Center
Registration Deadline: Aug 4



Stargazing - Meteor Shower Star Party
Tue, Aug 12, 9pm-midnight — Free
Join the Farmington Community Stargazers for a Meteor Shower Star Party! Witness the spectacular Perseids Meteor Shower through their telescopes or bring your own. Don't forget your blankets and curiosity!
Age: all ages
Location: ITC Community Sports Park

Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

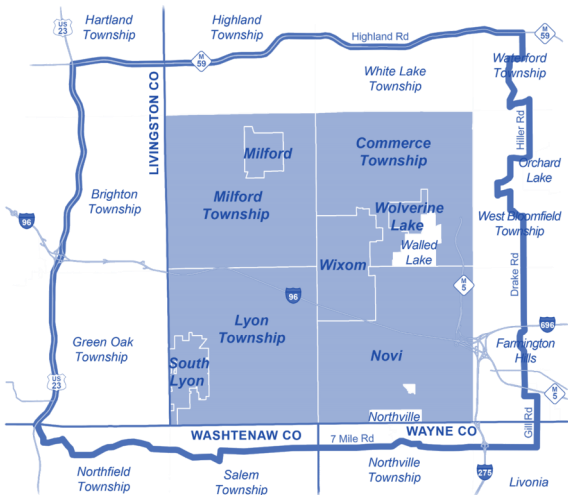
Sandy Fisher
Social Services Coordinator
sfisher@cityofnovi.org

Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org



People's Express

Need a ride in Novi? People's Express can take you there! Reservations must be made at least three business days in advance.
Call **877-214-6073** Monday- Friday 8am-7pm to schedule your ride.



Fares for ages 55+, veterans, & people with disabilities

- Free within PEX's Oakland County service area
- \$1.25 per mile outside of boundary

Service Hours

- Mon-Fri 5am-9pm
- Sat 5am-5pm
- Sun 8am-5pm

For more info, visit cityofnovi.org/transit

August 2025

City of Novi
Older Adult Services
Activities Calendar



Love to travel? So do we!
Check out our travel program for day trips, extended tours, and more. Flyers with current opportunities are available now at Meadowbrook Activity Center and the Novi Civic Center.

Want a sneak peek at what's ahead? Join us at Meadowbrook Activity Center for our Fall Travel Fair on October 7!

IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
People's Express	877.214.6073

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration
Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call **248.347.0414** for questions.

