# RETURN-TO-RECREATION

(Updated 1/5/2021)



Novi Parks is excited to welcome back participants and players to our programs. As sports and recreational programming resumes, we are committed to the health and safety of all participants, coaches, instructors, staff, parents, and community. The Return-to-Recreation Guidelines are based on recommendations from the CDC, Michigan Department of Health & Human Services (MDHHS), and sport-specific associations. Novi Parks and its partner locations have committed to follow proper safety, cleaning, and social distancing guidelines provided by the CDC and MDHHS.

Decisions as to whether a person participates in any activity is solely the decision of that person or parent. Novi Parks respects all decisions regarding the health and safety of participants. To the extent anyone decides to participate in Novi Parks activities, then, in addition to all applicable state and federal health guidelines and protocols, Novi Parks requires compliance by all involved with these guidelines for the health and safety of all of our participants.

# **Novi Parks Guidelines**

- Work with public health officials to notify and determine necessary actions for coaches, instructors, participants, and their families if the organization becomes aware that a participant, instructor, or coach has developed COVID-19 or had close contact\* with anyone diagnosed with COVID-19 and may have been infectious to others while at a Novi Parks activity
- Share the current protocols and requirements with all coaches, instructors, and participants
- Continue to provide updates as necessary
- Be prepared to shut down and stop operations if necessary due to health concerns

### **Coach/Instructor Guidelines**

- Check temperature at home before activities with others and remove yourself from activities if you have a temperature of 100.4°F or above
- Notify Novi Parks if you have a documented case of COVID-19, become sick with COVID-19 symptoms, or have had close contact\* with anyone diagnosed with COVID-19
- Notify Novi Parks with symptom onset date and last attendance at program
- Instructors must maintain six feet of social distance from participants to the extent compatible with the sport or activity and wear a face covering
- Conduct all sessions in compliance with state and local social distancing guidelines
- Ensure coaches are the only ones to handle equipment (e.g. cones); do not enlist help from players during trainings
- The use of scrimmage pinnies is prohibited at this time

#### **Parent Guidelines**

- Ensure your child is healthy and check their temperature before activities with others
- If your child has a temperature of 100.4°F or above, experiencing any feelings of being ill, or any COVID-19 symptoms, do not send your child to activities
- Notify coach/instructor and Novi Parks if your child has a documented case of COVID-19, becomes sick with COVID-19 symptoms, or has had **close contact\*** with anyone diagnosed with COVID-19
- Notify coach/instructor and Novi Parks with symptom onset date and last attendance at program
- Be sure your child has necessary sanitizing products and a face covering with them at every session
- Ensure all equipment (cleats, ball, shin guards, mat, etc.) is sanitized before and after every session
- Consider not carpooling or very limited carpooling
- Adhere to social distance requirements based on current state and local health requirements
- Do not assist the coach/instructor with equipment before or after session
- Review participant guidelines with your child
- Parents will not be allowed in indoor youth classes. Parent's will be asked to wait in designated areas or in their vehicles.
- Sport spectator measures will be addressed per sport

<sup>\*</sup>Close contact is defined as living in the same household or interacting with individuals within approximately 6 feet for a prolonged period of time.

# **Player/Participant Guidelines**

- Check temperature at home before activities with others and remove yourself from activities if you have a temperature of 100.4°F or above
- Notify Novi Parks if you have a documented case of COVID-19, become sick with COVID-19 symptoms, or have had close contact\* with anyone diagnosed with COVID-19
- Notify Novi Parks with symptom onset date and last attendance at program
- Do not touch or share other's equipment, water, food, or bags
- Do not touch the coach's training equipment, including cones during trainings
- Place bags and equipment at least 6-feet apart
- Be sure you have necessary sanitizing products and a face covering at every session.
- Participants must maintain six feet of social distance from one another to the extent compatible with the sport or activity and wear a face covering
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- No congregating at the fields/court/rooms before or after training
- Follow CDC guidelines as well as the guidelines set by local health authorities

\*Close contact is defined as living in the same household or interacting with individuals within approximately 6 feet for a prolonged period of time.