

May 2024

Fitness & Exercise

★Meadowbrook Activity Center★

Stretch and Strength, 9am, MWF

Chair Yoga, 10am, T

Keep On Movin, 10:45am, MW

Zumba Gold, 6:30pm, M

Zumba Gold, 9:30am, Sa

Tai Chi Beginner/Intermediate, 5:45pm, T

Tai Chi Intermediate, 7pm, T

◇Novi Civic Center◇

Morning Tone & Stretch, 9:15am, MW

Adult and Older Adult Hula, 9:30am, F

Drums Alive, 10:45am, T / 11:30am, W

Chair Volleyball, 1:45pm, T, Th

Zumba, 6:45pm, W

Offsite/Virtual

Morning Tone & Stretch, 9:15am, MWF, Virtual

Zumba, 6:30pm, Th

Games, Hobbies & Health

★Meadowbrook Activity Center★

Chinese Club, 10am, M

Therapeutic Massage, 9am-4pm, M-Th

All Things Yarn - Knitting/Crocheting, 1:30pm, T

Assisted Stretching, 9am-4pm, T-W

Blood Pressure Screening, 11am, W

Bingo, 1pm, F

◇Novi Civic Center◇

Pinochle, 12pm, M

Rummikub, 12pm, M

Mahjong, 10am, T








Euchre, 12pm, W

Samba, 12pm, Th

Duplicate Bridge, 12:30pm, F

★ = Meadowbrook Activity Center

◇ = Novi Civic Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 ◇ AARP Smart Driver Program (1), 12:30pm</p> <p>◇ Learn to Play Mahjong, 1pm</p> <p>◇ Travel Fair, 5:30pm</p> <p>◇ Glass Fusion, Upcycle Bottles, 6:15pm</p>	<p>2 ◇ AARP Smart Driver Program (2), 12:30pm</p> <p><i>Happy Trails, 5:30pm, ITC Community Sports Park</i></p> <p>◇ Cutting the Cord, 6pm</p>	3	<p>4 <i>Garlic Mustard Pull, 9am, Lakeshore Park</i></p> 
5	6	7	<p>8 ◇ Learn to Play Mahjong, 1pm</p> <p><i>Ladies Lunch Bunch, On the Boarder Mexican Grill & Cantina, 1pm</i></p> <p>★ <i>Sing-along, 2pm</i></p>	<p>9 Detroit Institute of Arts, noon</p> <p><i>Happy Trails, 5:30pm, Maybury State Park</i></p> <p>Wildflowers of the Park, 5:30pm, Maybury State Park</p>	10	11
12	<p>13 <i>Novi Birders, 9am, Heritage Park</i></p> 	<p>14 ◇ Focus: HOPE, 12:30pm</p> <p>★ Ask the Lawyer, 1pm</p>	<p>15 ◇ Learn to Play Mahjong, 1pm</p> <p>★ No.VI Book Club, 1:30pm</p> <p>◇ Ask the Lawyer, 5:30pm</p>	<p>16 <i>Happy Trails, 5:30pm, Lakeshore Park</i></p>	17	<p>18 </p>
19	20	<p>21 ◇ Bereavement Support Group, 7:30pm</p>	<p>22 ◇ Learn to Play Mahjong, 1pm</p> <p>Fuerst Field of Honor, 5:30pm </p>	<p>23 ★ Hearing Loss DATA Support Group, 1:30pm</p> <p><i>Happy Trails, 5:30pm, Fuerst Park (Trail of Honor Walk)</i></p>	24	25
26	<p>27 Memorial Day Parade, 10am</p> 	28	29	<p>30 <i>Happy Trails, 5:30pm, Heritage Park</i></p>	31	

FEATURED PROGRAMS

Fuerst Field of Honor

Wed, 5:30pm

May 22

Commemorate the lives of our service members with a concert and the Trail of Honor walk at Fuerst Park. The event will conclude with a wreath laying, playing of Taps, twenty-one-gun salute, and a moment of silence and reflection to remember those who were lost. This event is open to the community and there will be a free light meal. Veterans and guests are invited to a special dinner before the ceremony. Pre-registration for this dinner is required by calling 248.347.0400.

Age: All

Price: Free

Location: Fuerst Park



Memorial Day Parade!

Mon, 10am

May 27

The Memorial Day Parade has been a Novi community tradition forever, honoring those who made the ultimate sacrifice for our nation. Novi civic organizations, businesses, bands, scout troops and families are encouraged to march and showcase community pride and spirit.

Price: Free Community Event

Location: Ten Mile Road – Meadowbrook Road to Novi Civic Center

OLDER ADULT SERVICES TRANSPORTATION PROGRAM

Complimentary transportation is available for those 55+ within Novi borders.

CALL OR EMAIL TO SCHEDULE
248.735.5617

noviseniortransportation@cityofnovi.org

Fares

- Free within Novi
- \$5 one-way outside the city limits (within a 10-mile range beginning at the Novi Civic Center)

Service Hours

- Mon-Fri, 8am-5pm
- Sat, 9am-3pm

Reservations

Reservations are required at least one business day in advance and are scheduled based on availability.



Madison Lachance
OAS Recreation Supervisor
mlachance@cityofnovi.org

Sandy Fisher
Social Services Coordinator
sfisher@cityofnovi.org

Kit Kieser
Manager, Older Adult Services Division
kkieser@cityofnovi.org

May 2024

City of Novi
Older Adult Services
Activities Calendar

Do You Have
A MINUTE?
Help Make Novi Better!



Scan to get started!

The City of Novi is working with FlashVote to conduct quick surveys and gather valuable input from residents to inform our decisions. Sign-up takes less than one minute, and your input is always kept anonymous. Personal or demographic information collected by FlashVote is never shared with the City or anyone else.



IMPORTANT INFORMATION

City of Novi Older Adult Services	248.347.0414
Daily Lunch Reservations	248.347.0489
Meals on Wheels	810.632.2155
Weather Hotline	248.347.0473
Transportation	248.735.5617

City of Novi Civic Center
45175 Ten Mile Rd

Meadowbrook Activity Center
25075 Meadowbrook Rd

Lakeshore Park
601 S Lake Drive

Pre-Registration

Many City of Novi programs require pre-registration either online, by phone or in person. This includes fitness classes, sports and many Older Adult Services Special Events.

Visit cityofnovi.org/oas or call 248.347.0414 to register.



Recurring Events

April 2024

Fitness & Exercise

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Stretch and Strength, 9am, MWF

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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1  April Fool's Day	2 ◇ Learn to Play Euchre, 10am	3 ◇ AARP Tax Prep appts	4 <i>Happy Trails, 5:30pm, Furst Park</i>	5	6 ◇ Disney Descendants Showcase for Older Adults, 11:30am	
7 	8	9 ◇ Focus: HOPE, 12:30pm ★ Ask the Lawyer, 1pm	10 ◇ AARP Tax Prep appts ◇ AARP Smart Driver Program (1), 12:30pm <i>Ladies Lunch Bunch, Buddy's Pizza at Fountain Walk, 1pm</i>	11 ◇ AARP Smart Driver Program (2), 12:30pm <i>Happy Trails, 5:30pm, ITC Community Sports Park</i>	12	13	
14	15 	16 ◇ Financial Crimes, Scams, and Identity Theft 2024, 10am ★ Poetry Sessions, 10:30am ◇ Bereavement Support Group, 7:30pm	17 ★ Sing-along, 2pm ◇ Mackinac Island Travel Meeting—info session, 5:30pm ◇ Ask the Lawyer, 5:30pm	18 ◇ Smart Driver TEK, 10am <i>Happy Trails, 5:30pm, Meadowbrook Activity Center</i>	19 ★ One-on-one Technology Assistance, 4pm	20	
21	22  Earth Day	23	24 Tree Expedition, 2pm, Lakeshore Park 	25 ★ Hearing Loss DATA Support Group, 1:30pm <i>Happy Trails, 5:30pm, Lakeshore Park</i>	26  Arbor Day	27 <i>Arbor Day Celebration, 10am, Lakeshore Park</i> ◇ Euchre Tournament, 2pm	
28	29	30  National Mahjong Day	What's happening in May? ◇ Travel Fair, May 1, 5:30pm □ Furst Field of Honor, May 22, 5:30pm □ Memorial Day Parade, May 27, 10am And much more...				

Programs require pre-registration except for those italicized. Call 248.347.0414 or visit cityofnovi.org/oas for more information.

FEATURED PROGRAMS

Financial Crimes, Scams, and Identity Theft—2024

Tue, 10-11:30am

Apr 16

All around the country, older adults are all too often the targets of unscrupulous scam artists. Novi is no exception. Learn what you can do to protect yourself from the latest phone, text, email and online scams as well as actions you can take if you suspect that you have been scammed.

Pre-registration required at cityofnovi.org or by calling 248.347.0414.

Price: Free

Location: Novi Civic Center

Registration Deadline: Apr 15

Hearing Loss D.A.T.A. Group—Support Group Meeting

Thu, 1:30-2:30pm

Apr 25

Join us for a monthly support group convening for the purposes of Discussion, Awareness, and Technological Assistance for those with hearing loss. The goal of the support group is to enable people with hearing loss to learn coping strategies and know you are not alone. **Clear Captions with guest speaker Title IV ADA Specialist, Mary Novitsky.** She will be discussing how you can receive a FREE caption phone if you struggle with hearing on the phone.

Price: Free

Location: Meadowbrook Activity Center, Conference room

Euchre Tournament

Sat, 2-7pm

Apr 27

Go it alone or count on your partner! Play eight rounds with winners moving tables. Dinner, snacks, and drinks will be provided. Prizes will be awarded for winning individuals. Each Euchre is a quarter in the pot, so remember to bring your quarters!

Age: 55+

Price: Res. \$10/Non-res. \$12

Location: Novi Civic Center

Registration Deadline: Apr 24

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